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# Diving In Deep



## Synopsis

How thin is thin enough? Just as her family's troubles start to mount in their new home town, Kelly Eberly dives head first into a strict diet and rigorous swimming routine. Nearly drowning in an ocean of doubts and insecurities, and feeling lost and alone in a new place, Kelly wants nothing more than the "nice normal family" her mother talks about. Before long, even within the chaos that is the Eberly family, everyone is noticing her dramatic weight loss. Her aunt is praying. Her brother is lecturing. Even her new friends are studying her under a microscope. How thin is thin enough? If she gets too thin, will she be able to stop; or is she in too deep? With so much going on in her family, will anyone be able to help her resurface? Follow Kelly's story as she tries to figure out her not-so-normal family, realizes the power of prayer, and learns to trust that God knows what He's doing.

## Book Information

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## Customer Reviews

I'm not even a Christian but I enjoyed the book's uplifting, positive spirit. We see a believable, warm family going through some tough challenges. (Even regular churchgoers aren't immune from

problems.) The story is told by 13-year-old Kelly who's beginning to look at her family with a less idealistic eye. At her age, it can turn to pessimism and hopelessness (and anorexia). Thank goodness for her Aunt Myra, a lovely older woman who constantly advises her to talk to God. Kelly also has a vulnerable older brother, Mitch, who goes through some changes. "Diving In Deep" is very well-written and made me feel warm and fuzzy in a good way!

This book is great on so many levels. It has great characters that immediately engage the reader. They are believable, and the reader can easily relate to one or more of the multidimensional characters in the book. The aunt is my personal favorite, as she flutters around like the butterflies that she loves, and lands briefly to lovingly hand out Biblical wisdom. Another "great" for this book are the issues it deals with, making this book a must-read not only for girls 12+, but for parents and grandparents as well. The author does a great job of capturing the gamut of emotions Kelly goes through, especially when it comes to self-image. As I mentioned before, the book not only deals with teenage issues, but handles them in a Biblical way. I found my self highlighting several passages so I could go back to them later. Finally, the book is flawlessly written. For example, I love how the aunt describes love to Ellie, "Love isn't just feelings, dear. It's rooted in actions, daily choices to be patient, kind and to persevere. Put simple, love does." The style is smooth, and flows naturally through the story.

With the worlds fast pace today, our teenagers are constantly under censorship from their friends, family and the world in general. It is easy to become confused about who we are, what we need and what we believe in. Anorexia is just one of the things our youth are faced with everyday. It is nice to read a book where family, the community and God are represented. I highly recommend this book for any teenager, no matter what is troubling them. The world is a difficult place to be in. Everyone has their problems, adults as well as teenagers. We can all learn from this delightful and awe inspiring book. Thank you Miss Nora. : )

"Diving in Deep" is truly a great read! This novel is an easy read, but also kept me interested the entire way through. As a woman, I related well to the main character, Kelly, as she struggles with being a teenage girl. Also, I am a Christian, so it was also very cool to see that the author weaved scripture into the story through Aunt Myra. The Author uses sweet little Aunt Myra to show the reader how the Bible and talking to God can be a great source of comfort when you feel like you have no place to turn. The Author really portrayed Kelly's growth in her Faith in a great way. I feel it

is a must read for all teenage girls and young women.

I really like this book. It's a little short and was a little boring at a few times, but I still think it's a great book about an anorexic girl and how she struggles with it. Before I read this book I was afraid I was going anorexic. Now I know that I can feel good about myself without worrying about what food I eat. This book helped me see who I really am. It's a really great book about trust and believing in God and yourself. I'd probably suggest this to ages 11-14. I think it could of done a little better, but it was still an awesome book. :)

I love how she goes to church. That are with God ever step of the book. I best it was her brother for the hole break in thing. I love how she came out and said to her brother that she made a problem. And can you believe I read the 27 chapter book in three days. Btw love the book you need to read it.

A very good story for this issue to unfold in. A 13 yr old feels out of control in her family life and takes control of the only thing she feels like she can, her diet. Although she really doesn't "feel" anorexic, every outward sign to others in her life (except her parents) show her to have that disorder. Her aunt, older brother, new "boy"friend, and best friend that no longer live near her all try to help her see what she's missing. It takes some very upfront talks and many people showing they care to help her see what has been in front of her all along.

i loved how it seemed more than a story and it took me into the book Kellie spoke her mind telling how her Anorexia soon started and due to the events that were happening were causing her not to eat then she started to get thin and with some help from her good friends she started to recover slowly i also liked how the author used real lie places bath and body works (etc...) i also liked how it was real made me think of a friend of mine . WOULD recommend this book to people to read this book will inspire you

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